OBJECTIVE:
To reuse second-hand clothing and re-design unwearable clothes into bags, table covers, etc., through vocational training.

INITIATIVE SUMMARY (WHAT & HOW):
Hand me down programme teaches girls and young women from poverty-stricken areas about reusing disposed clothes material for sewing. These women altered unwearable clothes into bags, table covers, lamp sheds, kids’ clothes, dolls, tie-dye products, shoes, draping, covering or patch work. This initiative contributes to “Reuse” and “Reduce”, since much of the clothing the programme get are from Gikomba second-hand market where oversized clothes or deemed irreparable are dumped in Nairobi river. Another positive impact is that the trained young ladies can get certificate from the National Industrial Training Authority which can land them in good job and get them a livelihood.

Impact: Reuse of textiles contributes to many young lady’s capacity development and help them to find a job, as well as reduces many disposed clotthings.

Resources: Human resources (young ladies), Disposed clothing, Materials to help dress-making.

Application: Scalable, Easy to replicable as long as second-hand clothing are available

5Rs/Other Keywords: Reuse, Reduce

Innovative Features

Used clothes
• Household trust their old clothes to young ladies, who have excellent ideas to reuse such items.
• Taking and using second-hand clothes can reduce the number of disposed clothes into the river near the market.
• These activities (reducing disposal of old clothes and reuse materials for another purpose) are replicable in everywhere if people can obtain clothing.

Educational Features
• Entirely experimental activity realising Reduce and Reuse of old and non-wearable clothes.
• The activity consists mainly of a training for teenage girls to pass the National Industrial Training Authority examinations which is recognised countrywide.
• The activity follows the national curriculum of vocational training and can be implemented in formal and non-formal institutions.
• Is a plus on getting a job (less financial dependence)

Useful link
Webpage: https://smakenya.page.tl/Project-List.htm

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