



UNITED NATIONS OFFICE NAIROBI

UNON JOINT MEDICAL SERVICE: HEALTH INFORMATION FOR MEETING PARTICIPANTS

BACKGROUND

- The COVID-19 Pandemic has caused significant health and economic impact on various nations and redefined how we all conduct our daily activities. In Kenya, the pandemic continues to advance with increasing infection rates from community transmission.
- The causative virus appears to be moderately infectious and can be passed from human to human, primarily by droplet spread just like other respiratory viruses. In the absence of confirmed, effective and readily available vaccines or treatments, our primary weapons against COVID-19 remains consistent application of preventive measures.
- It is against this background that the UNHABITAT Executive Board meeting is taking place at the GIGIRI Campus in Nairobi, Kenya. The UNON Joint Medical Service has committed to providing practical health information, health mitigation measures & emergency standby support as part of its collaborative efforts with UNHABITAT and other stakeholders.
- The information provided below is a synopsis of the JMS health information campaign on COVID-19. Additional COVID-19 information and resources can be accessed through the [JMS Website](#) and the [WHO website](#)

GENERAL PREVENTION MEASURES FOR ALL MEETING PARTICIPANTS

1. Avoid exposing yourself and others to COVID-19:

- Practice social distancing. Avoid close contact (< 2meters) with other participants.
- Wash or sanitize your hands frequently.
- Wear your mask (cloth mask or surgical mask) before, during and after the meeting.
- Stay at home if you become unwell, develop a fever or any respiratory symptoms.
- If you become unwell during the meeting, inform the meeting organizer* for necessary assessment by a healthcare provider.
- Cover your cough with a disposable tissue or with your elbow.

SPECIFIC MEASURES TO TAKE BEFORE YOUR MEETING:

2. Prepare yourself before the meeting:

- Ensure that you carry your health insurance card as you attend the meeting.
- Take your temperature in the morning & evaluate your health for any symptoms

such as cough, sore throat, fever, or shortness of breath. If your temperature is more than 37.5C or you have above listed symptoms, stay at home, inform your personal physician, and excuse yourself from the meeting through the meeting organizer*

- You will also need to stay at home if any of the following applies to you:
 - You are currently living with someone on home isolation for COVID-19.
 - You have recently been in contact with someone diagnosed with COVID-19.
 - You have self-evaluated your health and personal risk and determined not to attend the meeting in person (Based on age > 60yrs, underlying medical conditions and advise from personal physician)
 - You have recently been acutely ill from any cause and are still recuperating.
- Wear your face mask in the morning before arriving at the UNON entrance to attend the meeting.



HEALTH & SAFETY MEASURES TO EXPECT DURING YOUR MEETING:

3. To enhance the health and safety of meeting participants, you can expect the following measures to be put in place:

- Mounted hand sanitizer for your use at the UNON Pavilion (pedestrian) entrance.
- Additional hand sanitizers are also available in strategic locations within the UNON compound and within the meeting venue.
- Temperature screening via thermal scanner camera located at the UNON Pavilion entrance. This thermal scanner camera is operated by the UNDSS and linked to the JMS Clinic. You may be asked to step into a separate area for further evaluation in case your temperature indicates a fever ($T > 37.5C$)
- There will also be a secondary site for temperature screening at the entrance of the Conference Room 1 where JMS will be onsite to facilitate as soon as delegates begin to arrive.
- Registration of contact details with the meeting organizer. These details will include your full names, contact details and residential location. This information is required in the event that contact tracing is instituted by JMS or the National health authorities.
- Signage reflecting COVID-19 health information placed visibly in and around the meeting venue.
- Sitting arrangements that reflect social distancing within the meeting venue. This means a minimum distance of 2 Meters will be maintained between meeting participants.
- Personal responsibility to maintain social distancing during the meeting and during mutual interactions before and after the meeting. There should be no handshakes, hugs, or other forms of physical interaction during this period.
- Sharing of common gadgets will not be allowed during the meeting. This applies to

items such as microphones, pens, or other similar objects. Any inadvertent use of such items should be followed by immediate use of hand sanitizer or handwashing.

- The meeting organizers will ensure that prior cleaning of the meeting venue is completed and regular cleaning of the same continues, to cover common contact points such as door handles.
- The conference room doors and bathroom doors will remain open during the period of the meeting. This will allow for good natural air circulation in addition to eliminating the need for participants to touch door handles when accessing the said rooms.
- **UNON Joint Medical Service emergency standby response.**
 - The medical emergency standby team will operate from the JMS Clinic.
 - JMS team is fully equipped and knowledgeable in handling medical emergencies and COVID-19 related incidents.
 - There will be an Ambulance on standby outside the JMS clinic for any required emergency transfers.
 - The emergency response team will be accessible through the meeting organizer and through the 24hr Cell number +254 724 255 378 OR telephone extension 25999.